

# Plumbers Local 5 Medical Fund

## Find a Doctor Instructions for Net Lease vs. Flex Link

### Net Lease

1. Type [www.carefirst.com](http://www.carefirst.com) on your URL
2. Click on the "For Members" link (top of screen)
3. Click on the "Search Now" link under the "Find a Doctor" section (middle area at the bottom of the screen)
4. Click on the "CareFirst – Network Leasing" link (bottom left of screen)
5. Type in the City, State or Zip in the "City, state or zip" line, then click on the desired choice OR click on "Use Current Location", then choose:
  - a) "Browse by Category"
    1. Medical - click on the blue arrow for additional sub-categories:
      - i. Medical: Primary Care, OBGYN, Specialist, Urgent Care Center, Behavioral Health, Hospitals, Other Facilities, Other Medical Providers, All Specialties (A-Z)
      2. Urgent Care Centers
      3. Opioid Treatment Provider
    - b) "Search for Names and Specialties"
    - c) "Common Searches"
      1. Choose one of the drop-down boxes (Primary Care, Urgent Care, Behavioral Health or Specialist)
        - i. Primary Care – choose Family Medicine, Internal Medicine, Pediatrician, General Practice
        - ii. Urgent Care
        - iii. Behavioral Health – choose Psychiatrist, Psychologist, Social Worker, Licensed Professional Counselor
        - iv. Specialist – Dermatologist, Orthopedic Surgery, Obstetrics & Gynecology, Cardiologist
6. Page down to view results

### Flex Link

1. Type [www.bcbs.com](http://www.bcbs.com) on your URL
2. Hover over "Find a Doctor" link (top left of screen)
3. Hover over "In the United States, Puerto Rico and US Virgin Islands" link OR the "Outside United States", then click on the link
4. Click on "Choose a plan"
5. Type in Prefix or click on "Browse a list of plans" link (below)
  - a. If choosing "Browse a list of plans", click on "BlueCard PPO/EPO", then click on "Confirm selection"
6. Hover over and click on any of the following links: "Doctor by name", "Doctor by specialty", "Places by name", "Places by type", "Search all" or "Advanced search"